SOULSHAPING®

# Retreats with Doug

FOR PASTORS, LEADERS & CHURCHES



## Step away. Come home renewed.

Your people give so much and rarely get to stop. A retreat with Doug gives them unhurried space to rest, reflect, and reconnect with God.

### WHO IT'S FOR

- Pastors & ministry staff
- Leadership teams & boards
- Congregations & small groups
- Organizations & business leaders

### WHAT TO EXPECT

- Honest, practical teaching
- Guided reflection & journaling
- Space for silence & prayer
- Next steps to carry home

### RETREAT THEMES

- From Soul Neglect to Spiritual Vitality
- From Rowing to Sailing
- You Can't Pour From an Empty Cup
- Shaping a Leader's Soul

**"Outwardly, I looked like I was thriving, but inwardly I was barely surviving."**

**Douglas J. Rumford**
Founding President of Lorica Ministries, author of SoulShaping and Shaping a Leader's Soul, with 44 years of pastoral ministry.

## Book Doug for a retreat.

SCHEDULE A CONVERSATION

loricaministries.org